


PERSONAL INFORMATION

## FRANCESCO STRANO

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Sex M | Date of birth 28 / 02 / 1952 | Place of birth Catania | Nationality Italian

CURRENT OCCUPATION

### Psychologist and Psychotherapist

MOST RELEVANT EXPERIENCE  
FROM 1976 TO 1993

**Train driver and following, Superior Technical Secretary for FS Italiane (Italian Railways)**

EDUCATION AND TRAINING:

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| 2014        | <i>Institution:</i> Emotional Biological Medicine Academy– Scuola Triennale di Formazione, Loreto<br><i>Qualification:</i> <b>Emotional Biological Medicine Certification</b>  |
| 2013        | <i>Institution:</i> Bona Tempora - Non-profit organization for the study and implementation of the TransTheoretical change model – Mirano-Venice.<br><i>Qualification:</i> <b>Biofeedback in pain therapy course</b> |
| 2013        | <i>Institution:</i> Studio RiPsi (Psychology Psychotherapy Research) Milan and St. Anna’s Hospital, Como<br><i>Qualification:</i> <b>Integration Hypnosis: innovative applications in Psychotherapy</b>              |
| 2011 - 2012 | <i>Institution:</i> Italian Hypnosis Society and Interdepartmental Centre for Pain Study and Therapy - University of Milan<br><b>Hypnosis in chronic pain management course</b>                                      |
| 2011        | <i>Institution:</i> ENAIP – Trieste<br><i>Qualification:</i> <b>Organizational wellbeing and job-induced stress risk evaluation course</b>   |
| 2011        | <i>Institution:</i> Trieste Chamber of Commerce for Agriculture and Craft<br><i>Qualification:</i> <b>Mediator-Counsellor course</b>   |
| 2010        | <i>Institution:</i> ENAIP – Trieste<br><i>Qualification:</i> <b>Health and Safety Manager course</b>   |
| 2010        | <i>Institution:</i> CSEN - Centro Sportivo Educativo Nazionale (National Sport Education Centre)<br><i>Qualification:</i> <b>Karate Instructor certification</b>   |
| 2008        | <i>Institution:</i> Centro Formazione Professionale Cividale (Professional training Centre)<br><i>Qualification:</i> <b>Psychological consulting in legal contexts course</b>  |
| 2007 - 2008 | <i>Institution:</i> University of Udine<br><i>Qualification:</i> <b>University course on Doping</b>  |
| 2006        | <i>Institution:</i> ENAIP – Trieste<br><i>Qualification:</i> <b>Course on sport psychology</b>   |

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| 2006 - 2007 | <p><i>Institution:</i> Strategic Therapy Centre (AR)</p> <p><i>Qualification:</i> <b>Brief Strategic Therapy course</b></p>   |
| 2004 - 2005 | <p><i>Institution:</i> M.H.E.I.O.S. Milton H. Erickson Institute Of Sicily</p> <p><i>Qualification:</i> <b>Fundamental, Intermediate and Advanced course on Erickson's Hypnosis technique</b></p>   |
| 2003        | <p><i>Institution:</i> Trieste Chamber of Commerce for Agriculture and Craft</p> <p><i>Qualification:</i> <b>Course on conciliation</b></p>   |
| 1999 - 2000 | <p><i>Institution:</i> University of Trieste</p> <p><i>Qualification:</i> <b>Degree in Psychology – Development and Education Psychology</b></p> <p>Thesis on the psychology of perception, entitled: <i>“Evaluation of a graphic interface for train equipment”</i>. Prof. Walter Gerbino.</p> |
| 1993        | <p><i>Institution:</i> Pre-retirement from FS Italiane (Italian National Railways)</p>  |
| 1976 - 1993 | <p><i>Institution:</i> FS Italiane (Italian National Railways)</p> <p><i>Qualification:</i> <b>Train driver for 5 years and, following, Superior Technical Secretary</b></p>  |
| 1972 - 1973 | <p><i>Institution:</i> Italian Army</p> <p><i>Qualification:</i> <b>Military National Service</b></p>   |

OTHER SKILLS & EXPERIENCE:

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| 2001       | <p>During my post-degree internship, I gained experience with IT equipment and software for the visually impaired.</p>   |
| Nov. 2001  | <p>I collaborated with prof. Gerbino to present the scientific report: <i>“Testing the interface of a cab signalling system”</i> during the <i>“ Human Factors in Transportation, Communication, Health, and the Workplace”</i> congress, held in Turin at the FIAT Research Centre.</p> |
| 2003       | <p>Publication on the Italian Journal of Psychology, in collaboration with prof. Gerbino, of the article: <i>“The repetition of signals in cars: a usability evaluation”</i>.</p>  |
| from 2004  | <p>Admission in the Friuli Venezia Giulia Psychologists' Register, section A, <i>“Psychologist”</i> – n°588, part III.</p>   |
| from 2004  | <p>Private practice as psychologist and psychotherapist in Trieste, address: Campo S. Giacomo 11.</p>  |
| from 2004  | <p>Work as sport psychologist for a local soccer team.</p>   |
| Nov. 2007  | <p>Participation in the <i>Third European Congress on Brief Strategic Systemic Therapy</i> – Arezzo, 11 Nov 2007.</p>  |
| Nov. 2007  | <p>Presentation of the report entitled: <i>“Strategic therapy as doping alternative in sport”</i> during the <i>Third European Congress on Brief Strategic Systemic Therapy</i>.</p>   |
| Jun. 2009  | <p>During the congress <i>Sport Psychology: scopes, techniques, models and intervention efficacy in the regional context</i>, held in Trieste, delivery of the speech <i>“The psychologist in sport society”</i>.</p>  |
| Sept. 2009 | <p>Participation in the <i>XVIII International Congress of the Italian Hypnosis Society on Hypnosis</i>, 22-26 Sep 2009, Orvieto.</p>  |
| Apr. 2011  | <p>Participation in the <i>VII International Congress on Hypnosis and Neuroscience</i>, 8-10 Apr 2011, Rome.</p>   |
| Dec. 2011  | <p>Participation in the <i>VI Psychologist Day. Instruments for the evaluation of the psychological intervention</i>. Trieste.</p>   |
| Mar. 2012  | <p>Foundation of A.P.P.I. (<i>Hypnotist Psychology and Psychotherapy Association</i>).</p>   |

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| Apr.-May 2012          | Organization of the seminar: <i>"Milton H. Erickson's hypnotic psychotherapy models, the revolution of styles and psychotherapeutic relation"</i> with Betty Alice Erickson in Palmanova (UD) on 28-29 Apr 2012 and in Trieste on 5-6 May 2012.  |
| Apr. - May 2012        | Delivery of the speech: <i>"Hypnotic trance: a Nervous system activity"</i> . Trieste, and of the speech <i>"The implications of hypnotic trance on the nervous system"</i> , Palmanova.   |
| Nov. 2012              | Participation in the Camillo Loredi's advanced workshop entitled <i>"Key moments in hypnotic psychotherapy"</i> , Rome, 17 Nov 2012.   |
| Apr. 2012              | Participation in the Betty Alice Erickson's advanced workshop entitled <i>"Building a deep connection"</i> , organized by the Italian Hypnosis Society in Rome on 13-14 Apr 2103.  |
| Oct. 2012              | Presentation of the report <i>"A psychologist at the Farmacia alla Borsa"</i> (one of Trieste local drugstores) during the education and training course organized by the FVG regional College of Psychologists in Palmanova, 31 Oct 2013.   |
| Feb. 2014              | Participation in the 17 <sup>th</sup> BFE Annual Meeting – <i>Integrated biofeedback and neurofeedback</i> , Venice, 11-15 Feb 2014.   |
| Apr. 2013              | Presentation of the report: <i>Support to family's choices"</i> during the congress <i>The assistance procedure for patients in a vegetative state in case of serious acquired brain lesions: lights and shadows of the current scenario"</i> , organized by the Association Amici dei Traumatizzati Cranici, Udine, 4 Apr 2014. |
| Oct. 2014              | Participation in the XIII ESH (European Society of Hypnosis) International Congress on Hypnosis and Resilience, Sorrento, 21-25 Oct 2014.  |
| from Oct. 2014         | Position of sport psychologist for a local Triestine swimming team.  |
| from Oct. 2014         | Development and implementation of the trial <i>"A study of emotions through breath analysis"</i> .   |
| <b>Driving License</b> | <b>C</b>   |

I authorize the use of my personal information pursuant to D.Lgs. 196/2003 on the protection of personal data.